

**Who we are**

The Alex Timpson Trust began in 2017 following the passing of Sir John Timpson’s late wife, Alex. Alex and John fostered over 90 children together in their lives and it was Alex’s passion to help children in desperate need of love and stability.

The Alex Timpson Trust was set up with aim of supporting foster children and their families by offering free holidays, creating opportunities for positive childhood memories.

**What we do**

The Alex Timpson Trust are able to send over 100 foster families per year away on UK holidays across the UK to off them well deserving and well needed family time together.

We own 2 caravans; one at Primrose Valley, Filey and one at Devon Cliffs, plus we book other seaside resort breaks across the UK including Wales, Scotland, Hopton and many more.

We are also running a 5 year research project with Oxford University to better educate schools about the emotional needs of looked after children or children from an unsettled upbringing. The attachment and trauma awareness programme works with over 300 schools in 26 local authorities and has had a significant effect on teacher’s everyday practices and many schools have since reviewed and updated their policies.

**How to apply**

Families apply for holidays through the Alex Timpson Trust website: <https://www.timpson-group.co.uk/alex-timpson-trust/> the page will be available at the end of each summer. We will require some evidence of care, preferably confirmation from the local authority or social worker.

We accept fostered children as well as children under Kinship orders and special guardianship. Priority will be given to families who haven’t yet had a holiday from the ATT.

**Useful contact details**

Charity Manager: Rachael Cooper - [rachael.cooper@timpson.com](mailto:rachael.cooper@timpson.com) 07443 279 172

Charity Website

[https://www.timpson-group.co.uk/alex-timpson-trust/](https://www.timpson-group.co.uk/alex-timpson-trust/about-alex-timpson/)

Rees Centre attachment and trauma awareness project

<http://www.education.ox.ac.uk/research/the-alex-timpson-attachment-and-trauma-programme-in-schools/>