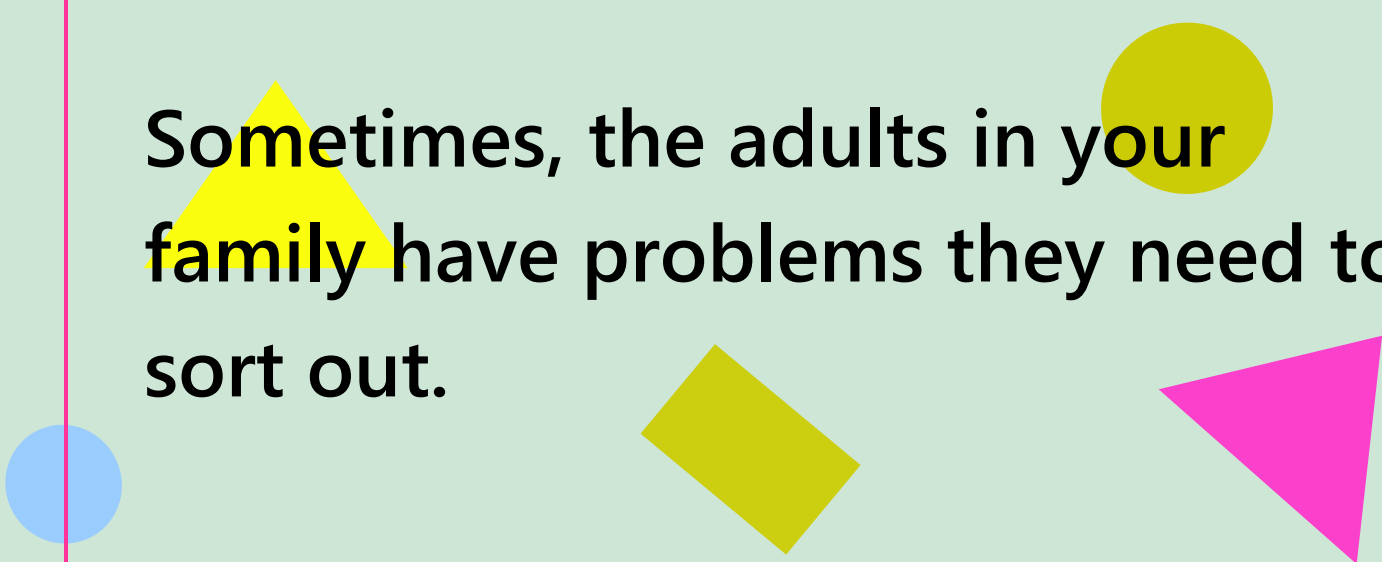





Living in a Loving Fostering Home

A guide for younger children



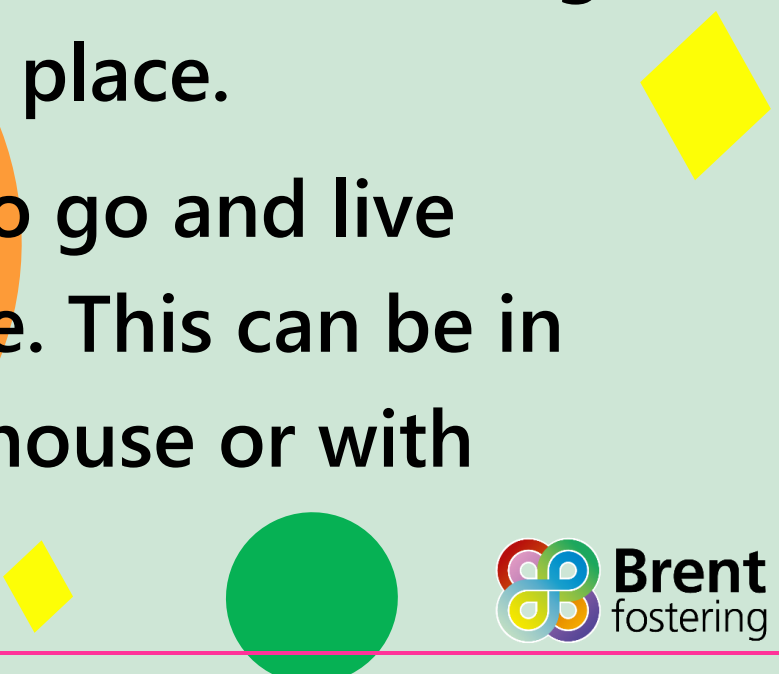
Sometimes, the adults in your family have problems they need to sort out.

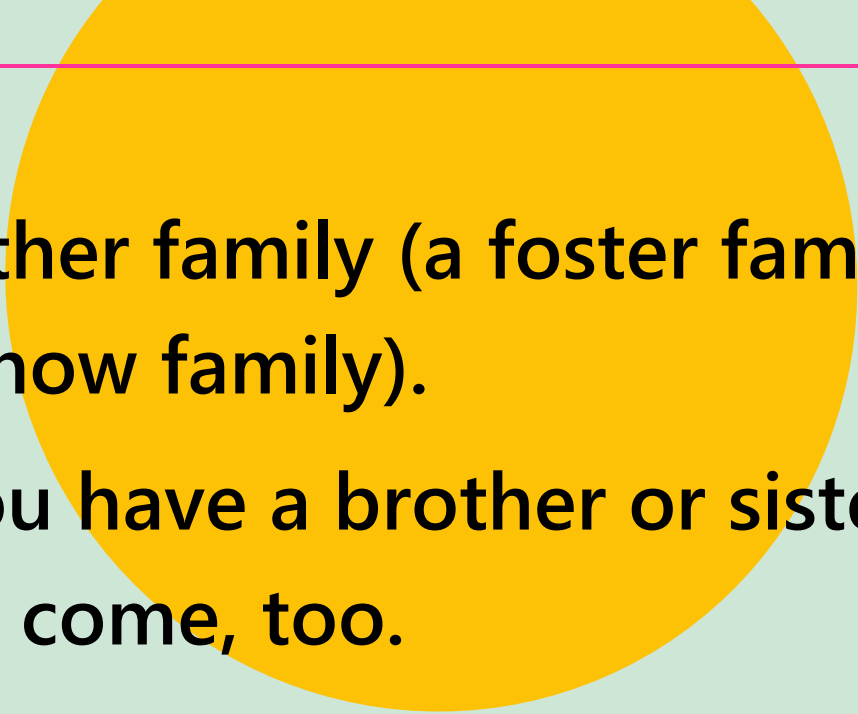
A person called a social worker will try to help them. The social worker will also look after you to make sure you are well.



When these problems become big and scary, your home is no longer a happy and safe place.



You will need to go and live somewhere else. This can be in your relatives' house or with








another family (a foster family or for-now family).

If you have a brother or sister, they may come, too.

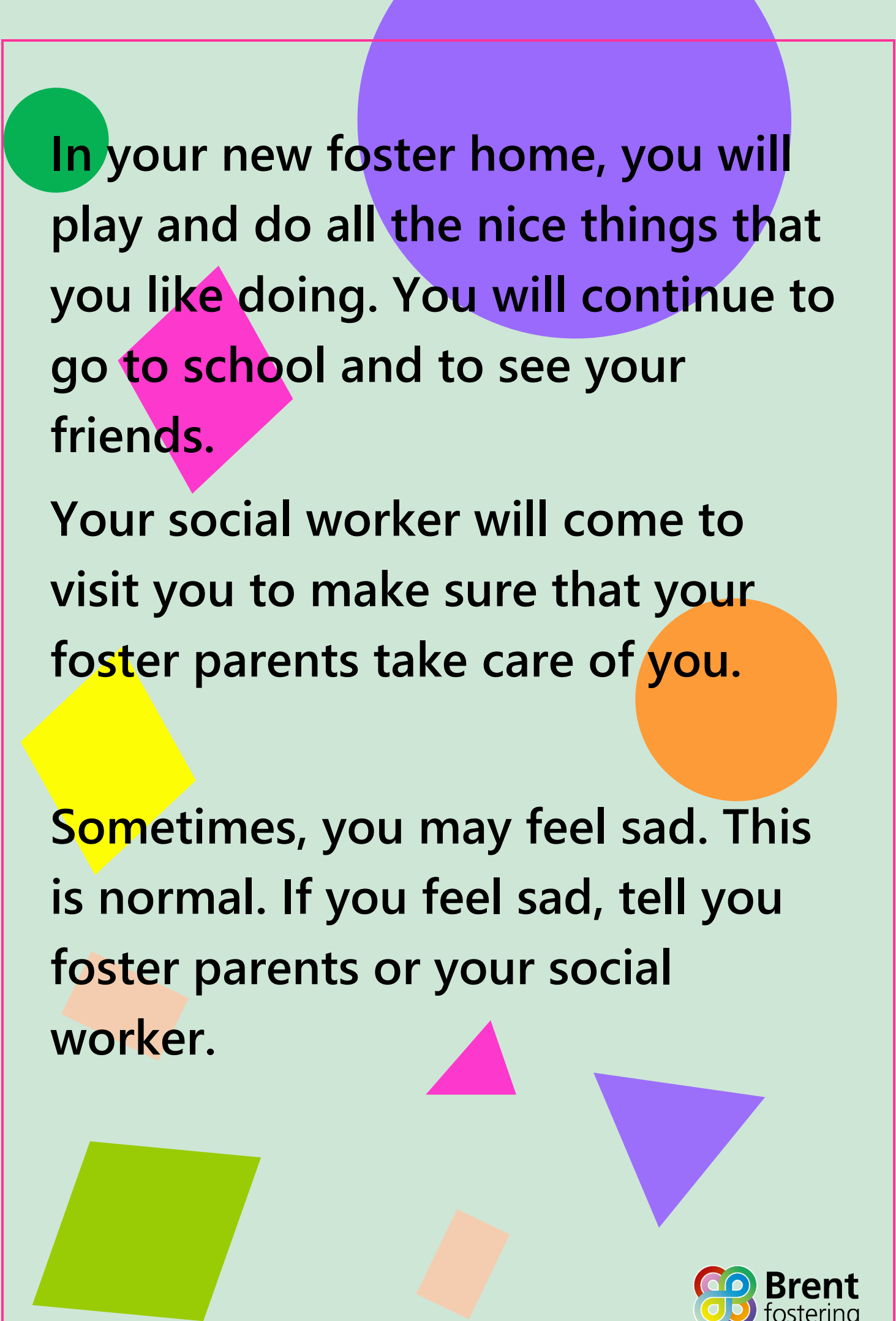


A foster family is made up of foster parents and, sometimes, other children. They will be your foster brothers and sisters.



Your foster parents will take care of you and protect you.

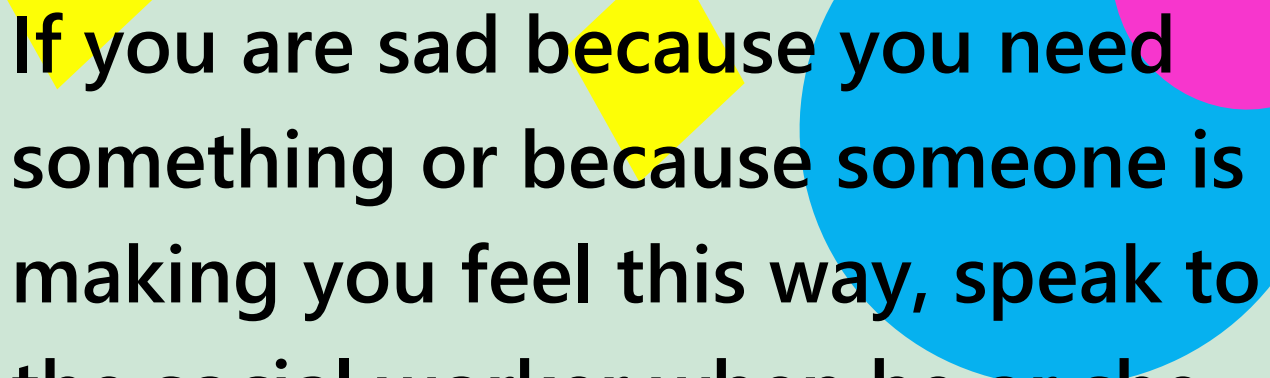





In your new foster home, you will play and do all the nice things that you like doing. You will continue to go to school and to see your friends.

Your social worker will come to visit you to make sure that your foster parents take care of you.

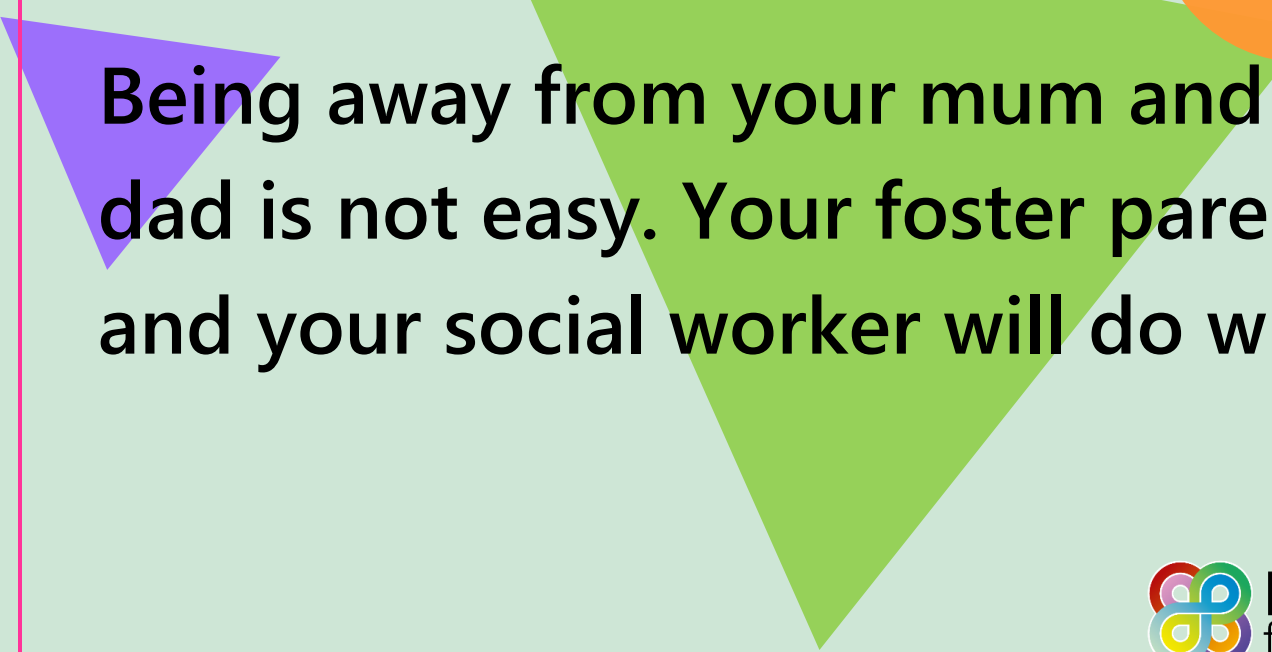
Sometimes, you may feel sad. This is normal. If you feel sad, tell you foster parents or your social worker.




If you are sad because you need something or because someone is making you feel this way, speak to the social worker when he or she comes to see you.



You can also call, or ask your foster parents to call the social worker for you if you need to speak to him or her before they visit you next.

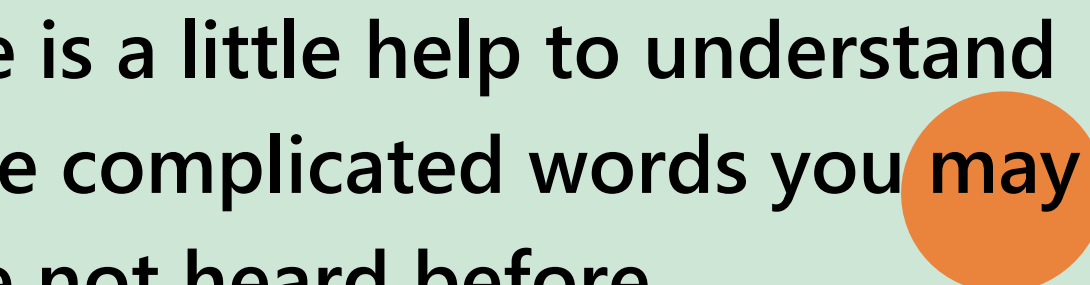


Being away from your mum and dad is not easy. Your foster parents and your social worker will do what



they can to make you feel loved
and protected.

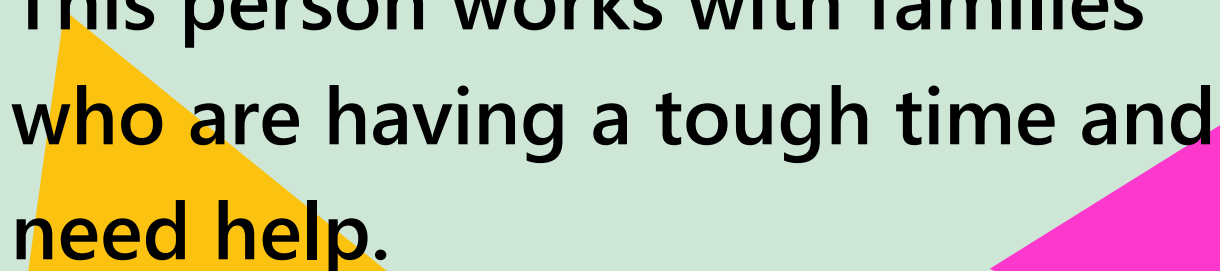
We hope that you will like and trust
them.




Here is a little help to understand
some complicated words you may
have not heard before.



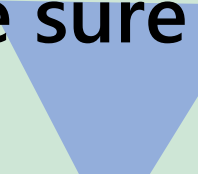
Social worker



This person works with families
who are having a tough time and
need help.




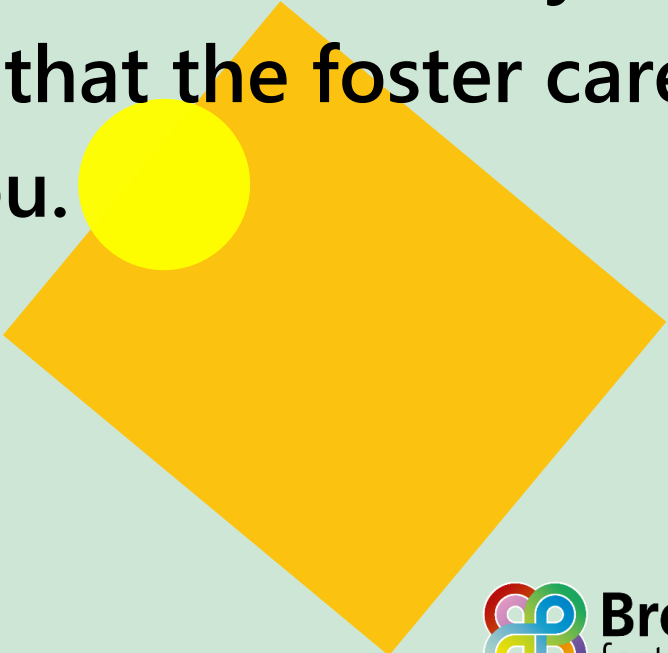



You will have your own social worker. They will visit you at your foster family's home to make sure you are well.



Foster carer




The person who will take care of you while you are living away from your parents. They will love you and make sure that you are happy and healthy. The foster carer has their own social worker whose job is to make sure that the foster carer takes care of you.






Contact

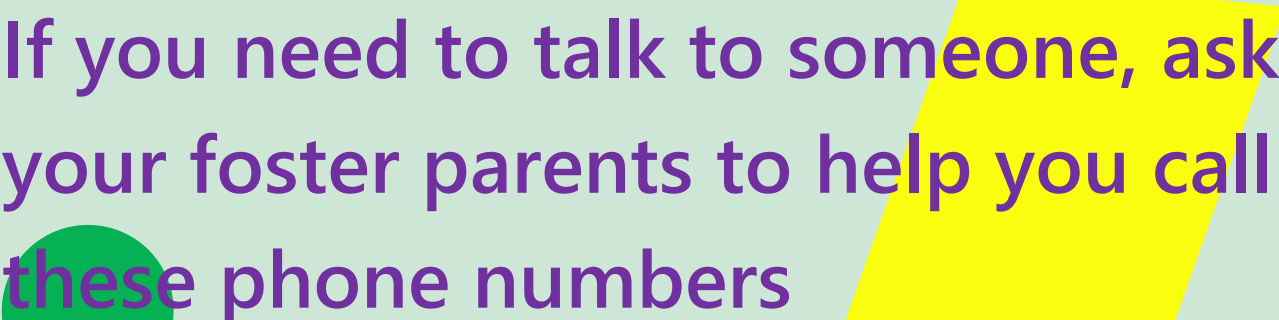
This is when you go and see your mum, dad or other people in your family.

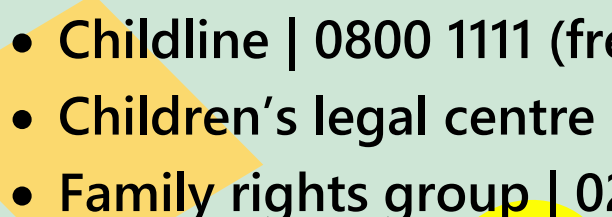


If you want more help to understand what will be happening to you, you can ask your social worker or someone you trust.



If you need to talk to someone, ask your foster parents to help you call these phone numbers



- 
- Childline | 0800 1111 (free 24 hours)
 - Children's legal centre | 020 7359 9392
 - Family rights group | 020 7923 2628

- NSPCC | 020 7825 2500
- Kidscape | 020 7730 3300
- Who cares | 0500 564 570
- National youth agency service | 0800 616 101
- Brent complaints department | 020 8937 1200
- Brent advocacy department | 020 8937 4240

If you are not happy about something...

Tell your foster parents or social worker so they can let some of the people in this list know about how you feel:

- The Children's Commissioner for England
<https://www.childrenscommissioner.gov.uk/help-at-hand/get-in-touch/> | 0800 528 0731
- ChildLine | NSPCC | Weston House 42 Curtain Road London | EC2A 3NH |
<https://www.childline.org.uk/> | 0800 1111

- Independent Reviewing Officer c/o- Your social worker will tell you who this is.
- Brent Council Complaints Service Team | complaints.service@brent.gov.uk
- Brent Fostering, Brent Civic Center, Engineers Way, HA9 0FJ | 0800 001 4041 | fostering@brent.gov.uk