



Foster Care Training Programme

April 2017 - March 2018

Owner: Business and Professional Development Team

Version: 1 June 2017

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Dear Foster Carer,

Welcome to this year's Foster Care training programme!

In the last year all children's training has been reviewed and the programme has been extended with new courses. There will be new training providers delivering courses this year and each course will have outcomes to help you meet the required training, support and development standards (TSD). The standards are provided for reference in the appendix at the end.

The programme contains a mixture of classroom and e-learning with some courses designed specifically for your role and others that address the role of foster carers within the multi-agency safeguarding partnership.

The classroom based training courses are designed to be interactive and provide an opportunity to meet foster carers and other professionals to share experiences of working with vulnerable children and young people to optimise learning. You will find that we offer training during weekdays as well as Saturdays, and we would also encourage you to attend Foster Care forums to support your learning and development.

This year we are providing class room based child safeguarding courses to help manage issues and risks within a fostering context. We feel this is important to support you in the important work of keeping children safe whilst in your care. You are required to refresh your safeguarding knowledge and learn about new requirements every third year.

We have also introduced complimentary e-learning for child safeguarding training courses at each level (introductory, experienced (level 2), and refresher). You will find details of how to register for e-learning courses in this programme.

The programme is structured to provide a monthly overview of training courses, followed by a section on how to book onto training courses on the children's training booking site, and e-learning on the Virtual College portal. The aim and outcomes of each training course are provided to help guide you about what training is most suited to your needs before you book on to attend training.

We hope you find the training offer meets all your training needs and that you will take full advantage of the courses on offer. If you have any comments or suggestions, please discuss your requirements with your Supervising Social Worker and you can make contact with the Business and Professional Development Team by emailing: childrenstraining@sutton.gov.uk

OVERVIEW OF THE TRAINING PROGRAMME 2017-18

APRIL			
Course Title	Date	Time	Venue
Domestic Abuse Impact of C&YP	Thurs 20 th April 2017	09.30 – 16.00	Civic Offices, Rm G2

MAY			
Female Genital Mutilation	Wed 3 rd May 2017	09.30 – 13.00	Civic Offices, Rm G5
Prevent Awareness Training: Safeguarding Against Radicalisation and Extremism	Thurs 18 th May 2017	14.30 – 16.30	Civic Offices, Rm G2

JUNE			
Emergency First Aid	Sat 17 th June 2017	09.30 – 16.30	Trinity Centre, Wallington
Self-Harm in Context: Supporting C&YP and the Workforce	Tues 27 th June 2017	09.30 – 16.00	Civic Offices, Rm G1
Missing Children	Fri 30 th June 2017	09.30 – 16.00	Salvation Army, Sutton

JULY			
Neglect and Introduction to Assessment Tools	Mon 3 rd July 2017	09.30 – 16.00	Salvation Army Sutton
Prevent Awareness Training: Safeguarding Against Radicalisation and Extremism	Thurs 6 th July 2017	09.30 – 11.30	Civic Offices, Rm G5

SEPTEMBER			
Difficult Teens and Challenging Behaviour	Tues 12 th September 2017	09.45 – 13.15	Civic Offices, Rm G3
Prevent Awareness Training: Safeguarding	Thurs 21 st September 2017	09.30 – 11.30	Civic Offices, Rm G3

Against Radicalisation and Extremism			
Self-Harm in Context: Supporting C&YP and the Workforce	Tues 26 th September 2017	09.30 – 16.00	Civic Offices, Rm G3
Domestic Abuse Awareness	Wed 27 th September 2017	09.30 – 16.00	Civic Offices, Rm G3

OCTOBER

Child Development Training	Thurs 5 th October 2017	09.30 – 13.00	Civic Offices, Rm G3
Female genital Mutilation	Wed 11 th October 2017	09.30 – 13.00	Civic Offices, Rm G5
Managing Children's Challenging Behaviour (Under 9's)	Thurs 12 th October 2017	09.45 – 13.15	Civic Offices, Rm G3
Emergency First Aid	Sat 14 th October 2017	09.30 – 16.30	Trinity Centre, Wallington
Learning from SCRs (under 5's)	Wed 18 th October 2017	09.30 – 13.00	Civic Offices, Rm G3

NOVEMBER

Child Protection Basic Awareness	Wed 1 st November 2017	09.30 – 16.00	Civic Offices, Rm G2
Learning from SCRs (Over 5's)	Fri 3 rd November 2017	09.30 – 13.00	Civic Offices, Rm G5
Neglect and Introduction to Assessment Tools	Mon 6 th November 2017	09.30 – 16.00	Civic Offices, Rm G2
Fabricated Induced illnesses	Thurs 9 th November 2017	09.30 – 16.00	Civic Offices, Rm G3
De-escalation Skills	Sat 11 th November 2017	09.45 – 13.15	Trinity Centre, Wallington
Allegations and Complaints	Fri 17 th November 2017	09.45 – 13.15	Civic Offices, Rm G3
Life Story Training	Tues 21 st November 2017	09.30 – 17.00	Civic Offices, Rm G2
Prevent Awareness Training: Safeguarding Against Radicalisation and Extremism	Thurs 23 rd November 2017	10.00 – 12.00	Civic Offices, Rm G2
Child Sexual Exploitation (CSE)	Tues 28 th November 2017	09.30 – 13.00	Civic Offices, Rm G3

DECEMBER			
Attachment and Resilience	Sat 2 nd December 2017	09.30 – 13.00	Trinity Centre, Wallington
Managing Sexualised Behaviour	Sat 2 nd December 2017	09.45 – 13.15	Trinity Centre, Wallington
Self-Harm in Context: Supporting C&YP and the Workforce	Mon 4 th December 2017	09.30 – 16.00	Civic Offices, Rm G3
Equality, Diversity and Identity	Tues 5 th December 2017	09.30 – 16.00	Civic Offices, Rm G3

JANUARY			
Domestic Abuse – Impact on C&YP	Wed 17 th January 2018	09.30 – 16.00	Civic Offices, Rm G3
Learning from SCRs (Adolescents)	Tues 9 th January 2018	09.30 – 13.00	Civic Offices, Rm G2
Child Protection Training	Fri 12 th January 2018	09.30 – 16.00	Civic Offices, Rm G3
Record Keeping and Communicating Effectively	Sat 20 th January 2018	09.45 – 13.15	Trinity Centre Wallington
Neglect and Introduction to Assessment Tools	Wed 31 st January 2018	09.30 – 16.00	Civic Offices, Rm G3

FEBRUARY			
Emergency First Aid	Thurs 1 st February 2018	09.30 – 16.30	Civic Offices, Rm G3
Prevent Awareness Training: Safeguarding Against Radicalisation and Extremism	Fri 2 nd February 2018	14.00 – 16.00	Civic Offices, Rm G5
Transitions and Endings	Sat 3 rd February 2018	09.45 – 13.15	Trinity Centre, Wallington
Female Genital Mutilation	Wed 7 th February 2018	13.30 – 17.00	Civic Offices, Rm G5
Self-Harm in Context: Supporting C&YP and the Workforce	Mon 19 th February 2018	09.30 – 16.00	Civic Offices, Rm G3

Equality Diversity and Identity	Fri 27 th October 2018	09.30 – 16.00	Civic Offices, Rm G3
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MARCH			
Drugs and Young People	Thurs 1 st March 2018	10.00 - 13.00	Civic Offices, Rm G3
Child Protection Refresher	Fri 2 nd March 2018	09.30 – 12.30	Civic Offices, Rm G3
Safer Caring and Minimising Risks	Thurs 8 th March 2018	09.45 – 13.15	Civic Offices, Rm G3
Child Sexual Exploitation	Mon 12 th March 2018	09.30 – 13.00	Civic Offices, Rm G3

1. HOW TO BOOK ONTO TRAINING

All training courses can be booked by using the online booking system:

www.sutton.gov.uk/childrenstraining.

Registering

- 1 If you do not yet have an account you will need to create one by clicking register on the top right hand side of the screen. Please ensure that you keep your login details somewhere safe.
- 2 If you are registering for the first time, you will be prompted to complete a few details about yourself. We would advise that you use your name as your username so it is easy to remember.
- 3 Please put your job title down as foster carer, your team as fostering and your sector as social care
- 4 Once you have submitted this by clicking the '**submit**' tab you will be prompted to choose a password.

Browsing courses

- 1 You can browse all courses by clicking the '**Course List**' tab along the green ribbon across the top
- 2 You can filter courses to only view the fostering or LSCB specific training by using the 'Find courses' section on the right hand side of the screen. Please click the drop down menu labelled '**Course type**' and pick '**Training courses**'. Another drop down menu will then appear from which you can either choose '**Foster Carer**' or '**LSCB Training**' (*depending on the course you would like to do*).

Booking courses

- 1 To book onto training please Click the '**Book by Category**' option across the green tab along the top. Once this is done you can add courses by clicking the '**Add**' button on the right hand side of each course
- 2 Once the courses have been added please click the '**Create Booking**' option
- 3 You will then be prompted to select yourself as an attendee. If you would like a second person to be added to your account please '**Add new attendee details**' and input their details. You will only ever have to do this once as they will be listed as a possible attendee in the future.
- 4 One you have done this please select '**Next**' and then confirm that you agree to the Terms and Conditions and click '**Next**' again

2. E-LEARNING MODULES

To book onto e-learning training courses please go to the 'Virtual College' website. The link for all Sutton foster carers is <http://suttonscb.virtual-college.co.uk>

1) The following e-learning modules are available:

- An Introduction to Safeguarding Children (Level 1)
- Awareness of Child Abuse and Neglect – Core (Level 2)
- Safeguarding Children Refresher (Level 2)

- 2) When you select the training course you would like to study, the Business and Professional Development Team will be notified to approve this. Once they have approved this you will have 4 weeks to complete the module.
- 3) In addition to the above child protection modules you are able to request ONE of the following modules.

As these modules are not available to all e-learning users you will need to email childrenstraining@sutton.gov.uk to make a request, please also copy in your Supervising Social Worker

- Self-Harm & Suicidal Thoughts
- Risk Taking Behaviour
- Early Child Development
- Awareness of Domestic Violence
- Working with Children with Disabilities
- Safeguarding Children & Young People from abuse by Sexual Exploitation (CSE)
- Hidden Harm - Parental Substance Misuse

Once you have completed one module you can request a second but **ONLY** once the first module has been completed and the test has been passed.

FOSTER CARE FORUMS

<u>Date</u>	<u>Time</u>	<u>Topic</u>
Thursday 20 th April 2017	19.00 – 21.00	Emotional and Psychological Well-being of Looked After Children
Thursday 18 th May 2017	19.00 – 21.00	Looked After Children and Health
Wednesday 5 th July 2017	19.00 – 21.00	Children in Care Council/Placements
Thursday 14 th September 2017	19.00 – 21.00	Topic to be confirmed
Wednesday 8 th November 2017	19.00 – 21.00	Topic to be confirmed
Tuesday 12 th December 2017	19.00 – 21.00	Topic to be confirmed
Tuesday 23 rd January 2017	19.00 – 21.00	Topic to be confirmed
Tuesday 6 th March 2017	19.00 – 21.00	Topic to be confirmed

Ideas for Forum Topics

We would welcome any ideas you have for topics for your future forums. If you do have any ideas which you feel would benefit yourself and other carers please email us at childrenstraining@sutton.gov.uk and we will be in contact with you to discuss this further.

Allegations and Complaints

Friday 17th November 2017

09.45 – 13.15

Civic Offices Rm G3

Learning Outcomes

- Understand the legislative and regulatory framework for managing complaints and allegations about Foster Carers' practice / standards of care
- Identify the risks and vulnerabilities in foster placements
- Understand the impact of allegations and investigations on Foster Carers and know what support and information foster carers should have from the fostering service
- Describe the process for managing allegations against Foster Carers
- Understand the cycle of secondary stress and identify ways of minimising risks in foster care.

Facilitator: Family Action

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

Attachment and Resilience

Saturday 2nd December 2017

09.30 – 13.00

Trinity Centre, Wallington

Learning Outcomes

- An understanding of what attachment is and how neglect and abuse can impact on its healthy development
- How the disrupted development of attachment can impact and affect how children and young people behave and feel
- An understanding of the emotional brain – and how disruptions in attachment, and more generally neglect and abuse, affect its development
- Connections between disrupted attachment and trauma, loss and anger in children and young people
- Using understanding of attachment disruption in our behaviour management approaches
- An understanding of the importance of play and other forms of positive activities relating in the repair of disrupted attachment
- Tools and techniques to build resilience in children and young people

Facilitator: Care Quality Council

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

Child Protection Basic Awareness Training

Wednesday 1 st November 2017	09.30 – 16.00	Civic Offices. Rm G2
Friday 12 th January 2018	09.30 – 16.00	Civic Offices. Rm G3

Learning Outcomes

- To define what constitutes child abuse and recognise indicators of abuse and neglect;
- To be aware of how personal values, beliefs and experiences may get in the way of responding to abuse;
- To understand appropriate responses, responsibilities and procedures to protect children from abuse
- To be able to contribute to good working together practice, including information sharing and record keeping.

Facilitator: Refocus on Practice

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

Child Protection Basic Refresher

Friday 2nd March 2018

09.30 – 12.30

Civic Offices, Rm G3

This course will need to be repeated every 3 years.

Learning Outcomes

- Improved knowledge about definitions of abuse within the law and statutory guidance and any changes in social work and multi-agency processes
- A better understanding about the role of the Foster Carer and an increased confidence about how to work with professionals to respond to concerns about a child
- Shared experiences from other Foster Carers about ‘what works’ and effective strategies to manage risks and safeguarding children looked after

Facilitator: Refocus on Practice

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

Child Development Training

Thursday 5th October 2017

09.30 – 13.00

Civic Offices G3

Learning Outcomes

- Understand how children and young people's development can be affected by events in their lives, including brain development when a child has been exposed to neglect and abuse.
- Be able to recognise what 'normal' development can be expected and how to recognise development which is unusual, including disabled children and related groups of children.
- To understand loss and separation and the effect on healthy child development.
- Be able to develop positive strategies to help meet the needs of children whose development has been affected.
- Identify sources of help and support in caring for children and young people whose development has been affected.

Facilitator: Care Quality Council

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

Child Sexual Exploitation

Tuesday 28 th November 2017	09.30 – 13.00	Civic Offices, Rm G3
Monday 12 th March 2018	09.30 – 13.00	Civic Offices, Rm G3

Learning Outcomes

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Facilitator: Child Sexual Exploitation Lead

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

Domestic Abuse Awareness

Wednesday 27 th September 2017	09.30 – 16.00	Civic Offices, Rm G3
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Learning Outcomes

- To demonstrate a better understanding of domestic violence - what it is and who is most at risk
- To describe different types of abuse
- To gain an understanding of the statistics and myths surrounding domestic violence
- To demonstrate an understanding of reasons why it is difficult to leave an abusive relationship
- To be able to describe indicators of abuse
- To demonstrate knowledge of the impact of domestic violence both physical and psychological
- To gain an understanding of the appropriate action to be taken in cases of domestic violence
- To demonstrate an understanding of accountability and responsibility in relation to domestic violence
- To gain knowledge of local and national relevant support services.

Facilitator: Linda Finn

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

Domestic Abuse – Impact on Children and Young People

Thursday 20 th April 2017	09.30 – 16.00	Civic Offices, Rm G2
Wednesday 17 th January 2018	09.30 – 16.00	Civic Offices, Rm G3

You will have completed Domestic Abuse Awareness training before attending this training

Learning Outcomes

- To raise awareness of the effects on children living with domestic abuse
- To explore the nature of domestic abuse and its prevalence
- To raise awareness in recognising domestic abuse and developing practice when working with children and adults on these issues
- To explore effective interventions

Facilitator: Linda Finn

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

Drugs and Young People

Thursday 1st March 2017

10.00 – 13.00

Civic Offices, Rm G3

Learning Outcomes

By the end of the course, participants will be able to

- Describe the nature and extent of substance use amongst young children
- Provide some substance related advice and information to young children
- Clarify their role in supporting a young person's substance misuse
- Understand when to involve other agencies
- Understand Hidden Harm/Parental Drug Use

Facilitator: Inspire Partnership

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

Fabricated Induced illnesses (FII)

Thursday 9 th November 2017	09.30 – 16.00	Civic Offices, Rm G3
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Learning Outcomes

- Understand what is meant by FII and ways in which children present symptoms to health professionals and others
- Be aware of the way in which FII could present within their work setting
- Know how to respond to suspected cases of possible FII

Facilitator: Carla Thomas, Refocus on Practice

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

De-escalation Skills

Saturday 11 th November 2017	09.45 to 13.15	Trinity Centre, Wallington
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Learning Outcomes

- To look at the skills and strategies needed in diffusing difficult situations before they escalate and providing techniques to positively manage challenging behaviours.
- To examine how body language can impact on behaviour and how to adapt new approaches to de-escalate issues.
- To explore the use of positive communication in managing behaviour
- To develop knowledge about the theories that underpin de-escalation strategies
- To explore how to protect yourself, the child or young person or other members of your household or public.

Facilitator: Calm Training

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

Difficult Teens and Challenging Behaviour (Over 9's)

Tuesday 12th September 2017

09.45 – 13.15

Civic Offices, Rm G3

Learning Outcomes

- Have explored the meaning behind a child's difficult and challenging behaviour
- Have increased their understanding of why a young person exhibits challenging behaviour
- Explored different scenarios to consider the most effective way to respond to the broad spectrum of behaviour, including disabled children
- Improved range of strategies for promoting positive behaviour in the child or young person
- Developed skills in active listening to help the young person to understand their own behaviour
- Explored practical strategies to help the child improve their behaviour and ways to develop a young person's positive self-esteem.

Facilitator: Calm Training

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

Equality, Identity & Diversity

Tuesday 5 th December 2017	09.30 – 13.00	Civic Offices, Rm G3
Friday 27 th October 2017	09.30 – 13.00	Civic Offices, Rm G3

Learning Outcomes

- Explored definitions (e.g. equality, diversity, discrimination, equality, prejudice, stereotyping and victimisation)
- Have gained an understanding of the legislation and legal framework surrounding equality and diversity for looked after children and those being adopted.
- Improved understanding about why it is important to provide care that provides equality of opportunity, embracing difference, including the child's gender, sexuality, disability, ethnic origin, religious, cultural and linguistic background.
- Be more aware of your own thoughts and feelings and how these affect your approach to working with difference
- Explore the reasons why some people might discriminate.
- Feel more confident in using skills to promote equalities throughout your practice.
- Engaged in group work scenario's relating to discrimination and inequality and discussed how they would address these situations

Facilitator: Chinara Training

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

Female Genital Mutilation (FGM)

Wednesday 3 rd May 2017	09.30 – 13.00	Civic Offices, Rm G5
Wednesday 11 th October 2017	09.30 – 13.00	Civic Offices, Rm G5
Wednesday 7 th February 2018	13.30– 17.00	Civic Offices, Rm G5

Learning Outcomes

- Describe what FGM is and the different types of FGM
- Understand the prevalence of FGM and identify high risk communities
- Understand the law in relation to FGM
- Explain the reasons why FGM is practiced and accepted in some communities
- Be aware that FGM in young women below the age of eighteen is 'child abuse' a violation of the child's right to life, their body integrity as well as their right to health
- Be able to recognise what the signs and indicators of FGM are and to make appropriate referrals to safeguard children and young people
- Be aware of the support services for women who have undergone FGM

Facilitator: Alimatu Dimonekene Project ACEi

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

Emergency First Aid Training (Foster Carers)

Saturday 17 th June 2017	09.30 – 16.30	Trinity Centre, Wallington
Saturday 14 th October 2017	09.30 – 16.30	Trinity Centre, Wallington
Thursday 1 st Feb 2017	09.30 – 16.30	Civic Offices, Rm G3

Learning Outcome

- To ensure that every fostering household has a qualified first aider. To meet the standards & regulations in regards to healthcare of children & young people

Facilitator: Medi Aid

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

Life Story Works

Tuesday 21 st November 2017	09.30 – 17.00	Civic Offices, Rm G2
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Learning Outcomes

- Understand what is meant by Life Story Work and the various methodologies which can be used to support the process, based on best evidence.
- Be able to complete this work from the child's perspective and understand the importance of child centred approaches to planning, including sensitivity about what is age appropriate.
- Explored ways of working effectively with the child's network throughout the process with professional principles and within an ethical framework taking account of a child's diverse life experiences
- Have an improved understanding about the importance of preparation, planning and materials.
- Developed approaches and methods to engage children and young people who are hostile or resistant.
- Examined the methodology of life story work by practising tools and techniques.
- Be able to recognise and understand the significance of ongoing life story work for all children in the care system
- Gained confidence in using resources for facilitating a child's memories and information about their care journey.
- Be able to engage and undertake life story work with difficult to engage children and young people.

Be able to link practice with the knowledge and skills statements for approved child and family practitioners.

Facilitator: Family Action

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

Learning from Serious Case Reviews (Under 5's)

Wednesday 18 th October 2017	09.30 – 13.00	Civic Offices, Rm G3
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Learning Outcomes

These details will be confirmed at a later date

Facilitator: This will be confirmed at a later date

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

Learning from Serious Case Reviews (Over 5's)

Friday 3 rd November 2017	09.30 – 13.00	Civic Offices, Rm G5
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Learning Outcomes

These details will be confirmed at a later date

Facilitator: This will be confirmed at a later date

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

Learning from Serious Case Reviews (Adolescents)

Tuesday 9 th January 2017	09.30 – 13.00	Civic offices, Rm G2
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Learning Outcomes

These details will be confirmed at a later date

Facilitator: This will be confirmed at a later date

How to Book: Please create or login to your account: www.sutton.gov.uk/childrenstraining

Managing Children's Challenging Behaviour (Under 9's)

Thursday 12th October 2017

09.45 – 13.15

Civic Offices, Rm G3

Learning Outcomes

- Have explored why a child may behave the way that they do
- Have gained an understanding of the principles of 'attending' when a foster child is playing in order that the child can learn how to receive positive attention from their foster carer
- Have gained an understanding of when praise and rewards works best
- Understand ways in which we can promote positive behaviour
- Understand how to encourage positive behaviour by using methods such as 'start charts'
- Have explored that children have to understand the consequence of their behaviour
- Have gained an understanding of when and how to use 'logical consequences'
- Understand how to use 'time out' so it is effective for the child's behaviour

Facilitator: Calm Training

How to Book: Please create or login to your account: www.sutton.gov.uk/childrenstraining

Managing Sexualised Behaviour

Saturday 2 nd December 2017	09.45 - 13.15	Trinity Centre, Wallington
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Learning Outcomes

- Understand the developmental impairments and distortions that lead to sexualised behaviour
- Understand the impact of sexual abuse on children and young people and the adults who work with them
- Know how to work effectively and safely with children and young people with sexualised behaviour
- Be able to demonstrate ways of setting appropriate boundaries by exploring different scenarios that Foster Carers may experience in their care of children who have experienced abuse and trauma
- To know how to access professional support to respond effectively to behaviour that is not socially acceptable.

Facilitator: Calm Training

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

Neglect and Introduction to Assessment Tools

Monday 3 rd July 2017	09.30 – 16.00	Salvation Army, Sutton
Monday 6 th November 2017	09.30 – 16.00	Civic Offices, Rm G2
Wednesday 31 st January 2017	09.30 – 16.00	Civic Offices, Rm G3

Learning Outcomes

- Be familiar with key up-to-date research in relation to childhood neglect, including messages from local and national Serious Case Reviews, and have considered the implication for practice
- Appreciate the complexity of the multi-faceted definition of neglect and the concept of cumulative harm
- Be able to distinguish between indicators of neglect, across different stages of child development, and risk or protective factors
- Have considered barriers to recognition of neglect and know how to effectively challenge parents or carers to achieve better outcomes for the child or young person
- Be able to use a range of evidence based assessment tools to assess neglect and know how to analyse the impact of neglect on individual children/young people
- Identify measurable child focused interventions to support children, young people and their families
- Understand the requirements to capture the voice of the child in all stages of the referral, assessment and planning stage, and preparing reports for multi-agency child protection conferences and other meetings

Facilitator: Carla Thomas (Refocus on Practice)

How to Book: Please create or login to your account: www.sutton.gov.uk/childrenstraining

PREVENT Awareness Training: Safeguarding against Radicalisation and Extremism

Thursday 18 th May 2017	14.30 – 16.30	Civic Offices, Rm G2
Thursday 6 th July 2017	09.30 – 11.30	Civic Offices, Rm G5
Thursday 21 st September 2017	09.30 – 11.30	Civic Offices, Rm G3
Thursday 23 rd November 2017	10.00 – 12.00	Civic Offices, Rm G2
Friday 2 nd February 2018	14.00 – 16.00	Civic Offices, Rm G2

Learning Outcome

- Understand the requirements and responsibilities of the Statutory Prevent Duty
- Understand the factors that can make people vulnerable to being drawn into terrorism and to challenge extremist ideas which are used by terrorist groups and can purport to legitimise terrorism
- Understand how and where early intervention opportunities can be maximised

Facilitator: Stephen Welding, E-Safety Manager, London Borough of Sutton

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

Record Keeping and Communicating Effectively

Saturday 20th January 2018

09.45 – 13.15

Trinity Centre, Wallington

Learning Outcomes

- Know about what to record and standards of record keeping
- Understand why, where and how to record information
- Be able to identify what records they are expected to keep
- Understand the importance of safe storage of records
- Have learnt about the law relating to record keeping
- Be familiar with the rules of confidentiality and information sharing principles
- Explored a range of scenarios to apply record keeping and information sharing principles, relating to the role of the foster carers.

Facilitator: Family Action

How to Book: Please create or login to your account: www.sutton.gov.uk/childrenstraining

Safer Caring and Minimising the Risk of Allegations

Thursday 8th March 2018

09.45 – 13.15

Civic Offices, Rm G3

Learning Outcomes

- Have a clear understanding of the reasons why a foster child or young person may make a false allegation against them or someone in their family
- Understand why allegations always need to be taken seriously
- Have knowledge of where to go for support, information and advice following an allegation
- Have obtained a thorough understanding of the National Minimum Standards for Fostering Services in relation to agency procedures on allegation
- Have developed strategies that can be used in order to minimise the risk of an allegation being made against them and/or their family
- Be clear about what needs to be included in their safer caring household rules
- Be able to complete a 'risk assessment plan' with their supervising social worker on the specific foster child or young person placed with them

Facilitator: Family Action

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

Self-Harm in Context: Supporting Children and Young People and the Workforce

Tuesday 27 th June 2017	09.30 – 16.00	Civic Offices, Rm G1
Tuesday 26 th Sept 2017	09.30 – 16.00	Civic Offices, Rm G3
Monday 4 th December 2017	09.30 – 16.00	Civic Offices, Rm G3
Monday 19 th February 2018	09.30 – 16.00	Civic Offices, Rm G3

Learning Outcomes

- Understanding self-harm as a coping mechanism
- Gain an awareness of risk factors and protective factors
- Building resilience in young people and ourselves
- Understanding and developing practical techniques and distractions and applying them safely and confidently
- Linking to Sutton's self-harm policy

Facilitator: Panayiotis Papahristopoulos, Counselling Psychologist

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

Missing Children

Friday 30 th June 2017	09.30 – 16.00	Salvation Army, Sutton
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Learning Outcomes

- Improved awareness about national and local 'Missing' policy and practice issues and challenges
- Increased knowledge and understanding about statutory responsibilities under the Local Safeguarding Children's Board Missing Children Protocol, including definitions of missing and responses by individual agencies
- Increased knowledge and understanding about the factors that make people vulnerable to going missing, including Child Sexual Exploitation
- Increased knowledge about referral and assessment pathways for missing children
- Improved understanding about 'what works' to manage risks of children running away from home within an early help framework
- Improved understanding about effective responses after the child/YP return to home and service follow up
- Improved understanding of the child or young person's perspective and 'what works' to provide effective child/YP centred responses.

Facilitator: LSCB Multi-agency Trainers

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

Transitions and Endings

Saturday 3rd February 2017

09.45 – 13.15

Trinity Centre, Wallington

Learning Outcomes

- Understand the meaning of transitions in the lives of children and young people and the range of responses to help them build resilience.
- Have gained an understanding of the impact of secure and insecure attachment patterns on the child's or young person's ability to deal effectively with transitions and endings.
- Have recognised the importance of planned transitions and endings and how these can impact on the foster child, carer and their family
- Have a greater understanding of how to help traumatised children and young people to face change and loss
- Have gained an understanding of how to assist a child or young person to create a positive script' around transitions and endings
- Know how to promote positive transitions through a range of strategies and techniques.

Facilitator: Family Action

How to Book: Please create or log into your account: www.sutton.gov.uk/childrenstraining

APPENDIX

National Minimum Standards 2011

The Learning and Development of Foster Carers in Sutton must be continuous and must support foster carers in working towards achieving and maintaining the Value Statements as outlined in the National Minimum Standard 2011 (NMS). These Values include:-

- The child's welfare, safety and needs are at the centre of their care.
- Children should have an enjoyable childhood, benefiting from excellent parenting and education, enjoying a wide range of opportunities to develop their talents and skills leading to a successful adult life.
- Children are entitled to grow up in a loving environment that can meet their developmental needs.
- Every child should have his or her wishes and feelings listened to and taken into account.
- Each child should be valued as an individual and given personalised support in line with their individual needs and background in order to develop their identity, self-confidence and self-worth.
- The particular needs of disabled children and children with complex needs will be fully recognised and taken into account
- The significance of contact for looked after children, and of maintaining relationships with birth parents and the wider family, including siblings, halfsiblings and grandparents, is recognised, as is the foster carer's role in this.
- Children in foster care deserve to be treated as a good parent would treat their own children and to have the opportunity for as full an experience of family life and childhood as possible, without unnecessary restrictions.
- The central importance of the child's relationship with their foster carer should be acknowledged and foster carers should be recognised as core members of the team working with the child.
- Foster carers have a right to full information about the child. 3
- It is essential that foster carers receive relevant support services and development opportunities in order to provide the best care for children.
- Genuine partnership between all those involved in fostering children is essential for the NMS to deliver the best outcomes for children; this includes the Government, local government, other statutory agencies, fostering service providers and foster carers.

Standard 20: Learning and Development of Foster Carers

Outcome within Standard

- 1) Foster carers receive the training and development they need to carry out their role effectively.
- 2) A clear framework of training and development is in place and this is used as the basis for assessing foster carers' performance and identifying their training and development needs.

This standard is underpinned by the points outlined below:

- All new foster carers receive an induction.
- All foster carers, including all members of a household who are approved foster carers, are supported to achieve the Training Development Standards, Support and Development Standards for Foster Care. Short break carers who are approved foster carers are supported to achieve the Training Support & Development Standards for Short Break Carers. Family and friends foster carers are supported to achieve the Training, Support and Development Standards for Family and Friends Foster Carers.
- Foster carers are able to evidence that the Training, Support and Development Standards have been attained within 12 months of approval (or within 18 months for family and friends foster carers). For foster carers who were approved as such before April 2008, the Standards are attained by April 2011 (or by April 2012 for family and friends foster carers). Fostering households may use the same evidence workbook.
- Foster carers maintain an ongoing training and development portfolio which demonstrates how they are meeting the skills required of them by the fostering service.
- Foster carers' personal development plans set out how they will be supported to undertake ongoing training and development that is appropriate to their development needs and experience. For information and guidance please visit <https://portal.tgmgroup.net/static/html/login.html>. Short break carers / family and friends carers may choose to undertake the mainstream Training, Support and Development Standards for Foster Care, instead of the Standards for Short Break Carers / Family and Friends Carers, if this is their preference.
- The reviews of each carer's approval include an appraisal of performance against clear and consistent standards set by the agency, and consideration of training and development needs, which are documented in the review report. The foster carer's personal development plan is reviewed and the effectiveness of training and development received is evaluated. Reviews take into account the views of each child currently placed with the foster carer.
- The fostering service is clear and transparent with their foster carers about the level of support available to them and how to access such support.
- Support and training is made available to foster carers, including hard to reach carers, to assist them in meeting the specific needs of the children they are caring for or are expected to care for.
- Appropriate training on safer caring is provided for all members of the foster household, including young people of sufficient age and understanding, and ensures that foster carers understand how safer caring principles should be applied in a way which meets the needs of individual children.
- All training fits within a framework of equal opportunities and anti-discriminatory practice and is organised to encourage and facilitate attendance by foster carers.
- In cases where a foster carer moves to a new fostering service, details of the development and training which he or she has undertaken, and of the extent to which the agreed training and development standards have been met, are made available on request to the new provider, and the foster carer is able to take their training and development portfolio with them.